

What's Involved When You Are a Caregiver at Quality Connections

Being an outstanding caregiver means being responsible for the wellbeing of another. As a Quality Connections staff member, you'll be asked to provide services to individuals with disabilities who need your assistance. Your efforts will support people in building essential skills to enhance independence and live their best lives. But in many ways you are also there to provide company and comfort - socialization is a big part of the job!

The day-to-day work is as unique as the people we serve, but here's a list of tasks and activities you might be involved in with the person you are caring for:

- Supporting them in achieving their goals.
- Helping overcome barriers to doing things for themselves (often it's not a question of whether they "can" do something; it's just adjusting "how" they do it).
- Cooking nutritious meals and snacks together.
- Encouraging physical activity and exercise.
- Demonstrating how to maintain a clean and organized home by completing tasks with them.
- Helping to follow doctors orders, up to and including preparing and administering medications.

- Assisting with personal hygiene, bathing and bathroom needs.
- Assisting with mobility where needed.
- Transporting people to things that they must do (work, school, medical appointments, errands).
- Accompanying and transporting them to activities they want to do, like meeting up with friends/family, going out to eat, taking in a movie, walking, shopping and much more.
- Completing documentation on their status and the support you provided.
- Attending meetings and trainings as required.

Our minimum qualifications are that you have a combination of education, training or experience that would allow you to perform the general duties of this position. (We'll provide specific training on more specialized tasks). You must be at least 18 years old, have a high school degree or equivalent. You also must be able to pass a State of Arizona Department of Public Safety Background check. Ideally, you must also be able to obtain an Arizona's driver's license.



Want to learn more?

Email humanresources@qualityconnections.org



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