



## San Juan River Trip June 28 - July 2, 2025

The Breckenridge Outdoor Education Center (BOEC) and High Country Adaptive Sports (HCAS) are teaming up to offer a very special unique Overnight River trip on the San Juan River. As two national leaders in outdoor adventure join forces, the rafting trip is bound to be memorable. Our staff are uniquely skilled and highly trained in working with many different disabilities, highly skilled safety managers on rivers and in remote environments, and gifted at creating fun, powerful and empowering experiences with young people and adults.

**When:** June 28 - July 2, 2025

TRIP SNAPSHOT:

Day 1: (June 28) Travel to designated meeting location as coordinated by Quality Connections. Meet BOEC staff at Sand Island Campground, Bluff, Utah for a welcome dinner and river trip orientation.

Day 2: (June 29) Repack personal gear into river ready dry bags as well as get acquainted with everyone on the trip. Launch on river, first night camping on the river.

Day 3: (June 30) Breakfast, break down camp, river travel, camp on river.

Day 4: (July 1) Breakfast, break down camp, river travel, camp on river.

Day 5: (July 2) Breakfast, break down camp, river travel to the takeout! Travel home to Arizona.

**Who:** The BOEC and HCAS extend a special invitation to guests/invitees of Quality Connections. The program is designed to accommodate individuals with a wide variety of disabilities.

**What:** A classic western river trip. Floating down the San Juan River in rafts and/or small watercrafts will provide us great access to a spectacular wilderness environment. A multi-day river trip is an ideal setting for individuals to acquire new knowledge and skills, create bonds, have fun together, and relax. Away from everyday routines and daily life distractions one can find new appreciations for life and rediscover their strength and solidity as we travel down the beautiful San Juan River.

**Where:** The San Juan River is in southeast Utah. The San Juan cuts through beautiful canyon country and offers mild white water that is suitable for all abilities. Sandy beaches and camps, ancient rock art, and beautiful natural scenery will be unforgettable highlights of the trip. In addition to exploring the wilderness environment, participants will be introduced to the unique prehistoric culture of the four-corners region.

**Transportation:** Quality Connections will coordinate transportation to and from the river from their Flagstaff and Page locations.

**Weather:** Expect hot and sunny conditions with thunderstorms possible. (Your guides are well trained and experienced in safety and appropriate risk management in these environments).

**Mobility:** Individuals with mobility limitations are welcome on this trip, but the ability to assist our staff with your own rescue in the event of falling out of a boat is essential. **Participants must be able to roll over and sit up without assistance.** Our staff is able to do minor assists with transfers from in and out of boats and crafts. Participants must also be able to wear a PFD.

**Medical Care:** The BOEC and HCAS staff are Wilderness First Responder trained and experienced within the wilderness setting. This allows the staff to respond to common medical situations that arise on wilderness trips. Participants considering this trip should be stable in their personal medical condition and able to be away from advanced medical care for several days. Typically, participants who have entered a long-term orientation to their care and condition are suitable for this type of trip. Being able to tolerate exposure to heat and sun is critical for this trip. BOEC does not administer or alter medication to its participants. We will assist with storage, prompting and counting of routine oral medication only.

**Personal Care:** For this trip we are asking that each individual be able to perform the following tasks or be accompanied by a personal care provider (supplied by the student): **Dress and eat without assistance, perform all aspects of personal hygiene (toileting, meds, washing, teeth, etc.).** Because this is a river trip, bathing is possible whenever one wishes by cleaning up in the river. Using soap is fine, so staying clean if a bit sandy is easy. During June, air and water temperatures will make getting in the river very pleasant!

**Behavior:** Due to the social aspect of outdoor adventures and camping, participants must be ready to enjoy the company of other people (including raft guides). All participants must be willing and able to follow directions. We do not tolerate destructive or abusive behavior towards oneself or others.

**Toileting:** On river trips all solid human waste must be contained and transported out of the river corridor. An approved human waste transport system, (basically a rocket box fitted with an internal tank and a toilet seat) called a “groover”, will be used for this purpose. Participants must be able to sit on the groover with minimal assistance and have the ability to clean themselves after toileting. Proper hygiene is important for the health and safety of everyone.

**Food:** All food will be provided by the BOEC. A standard healthy and American diet is planned. Expect vegetarian options, desserts, and options for non-alcoholic drinks. We are permitting a small amount of alcohol on this trip as a personal choice and expense, it will not be provided. Please note, there is limited space on the boats for personal drinks. For safety reasons, this will only be permitted after we are off the river to camp for the night and excessive drinking will not be tolerated.

**Bugs & Mosquitoes:** Bugs and mosquitoes vary depending on location and time of year. It’s a good idea to come prepared with insect repellent. Long sleeved shirts and pants may be desirable at times.

**Cost:** \$250 per individual with scholarships available upon request.



For more information on what we do at the BOEC, visit [www.boec.org](http://www.boec.org). For more information about HCAS, visit [highcountryadaptive.org](http://highcountryadaptive.org) To apply for this river trip, contact Doug Arnett at Quality Connections, call or text (928) 380-8168 or email [dougarnett@qualityconnections.org](mailto:dougarnett@qualityconnections.org).